

Year 4 - PSHE -Spring 1

Relationships

Skills and Knowledge

Feelings and emotions

- To understand how to keep something confidential or secret and when to break a confidence.
- To be able to recognise and manage dares.

Healthy relationships

- To identify acceptable and unacceptable physical contact.

Vocabulary

confidential, secret, break a confidence, dares, acceptable physical contact, unacceptable physical contact